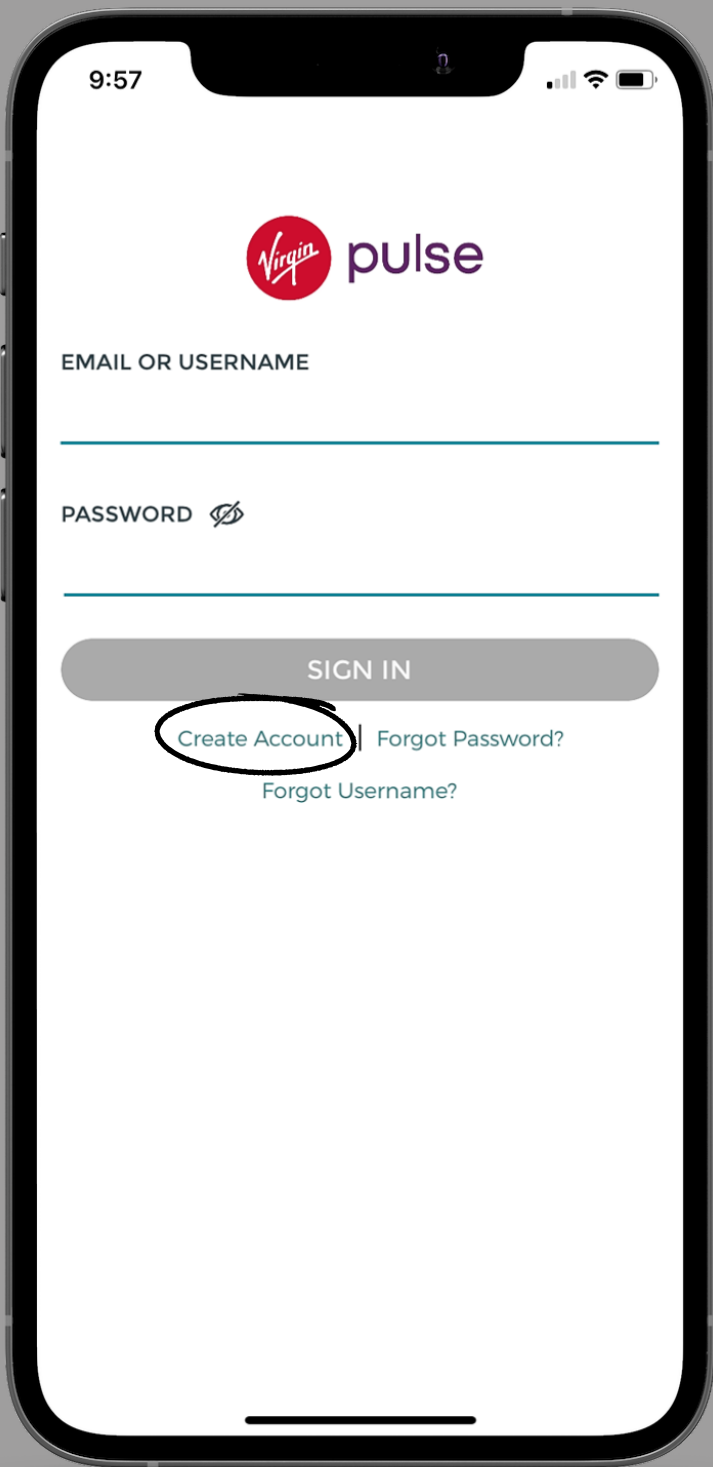


## Roehl Wellness Program

# HOW TO DOWNLOAD OUR NEW APP!

**1** Download the Virgin Pulse App on the **Apple App Store** or on **Google Play**.

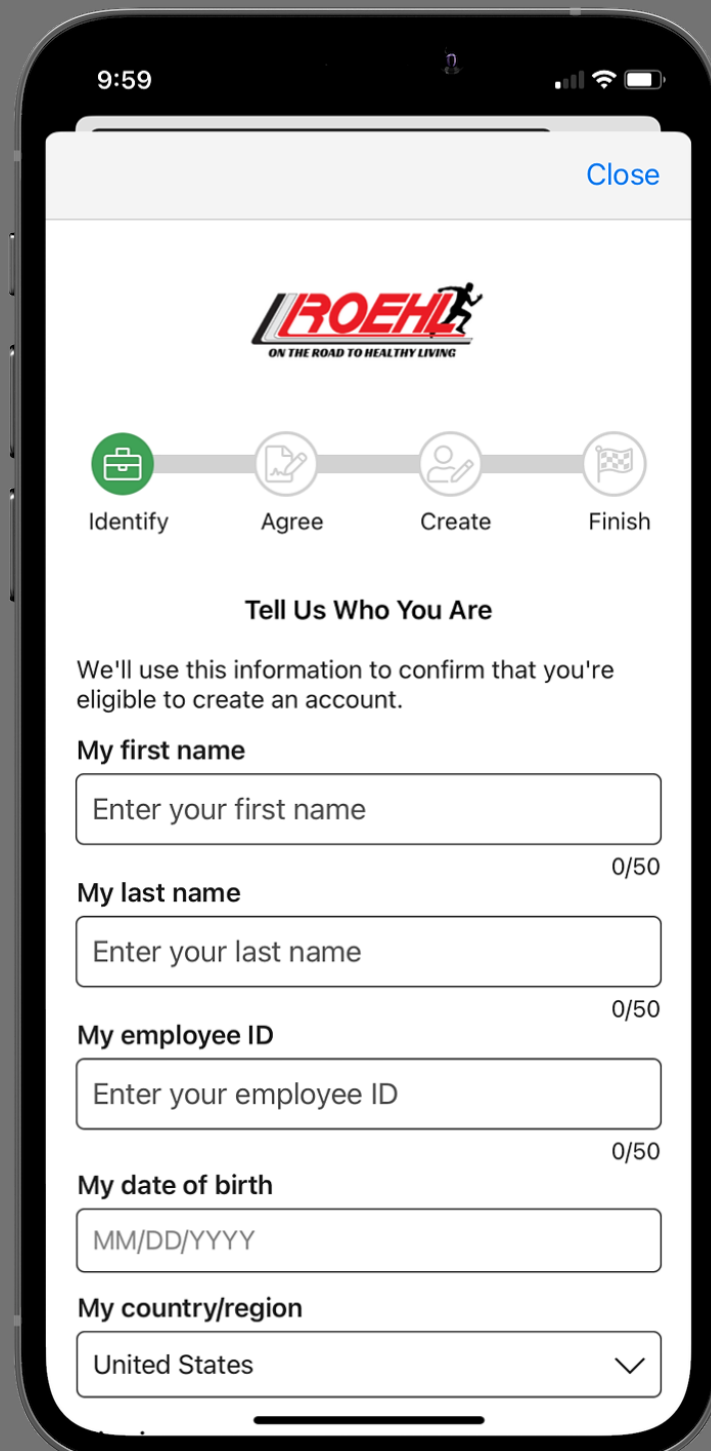


**2** Open the app and click on "Create Account"

**3** This next page is asking you to enter your employer name "Roehl Transport"

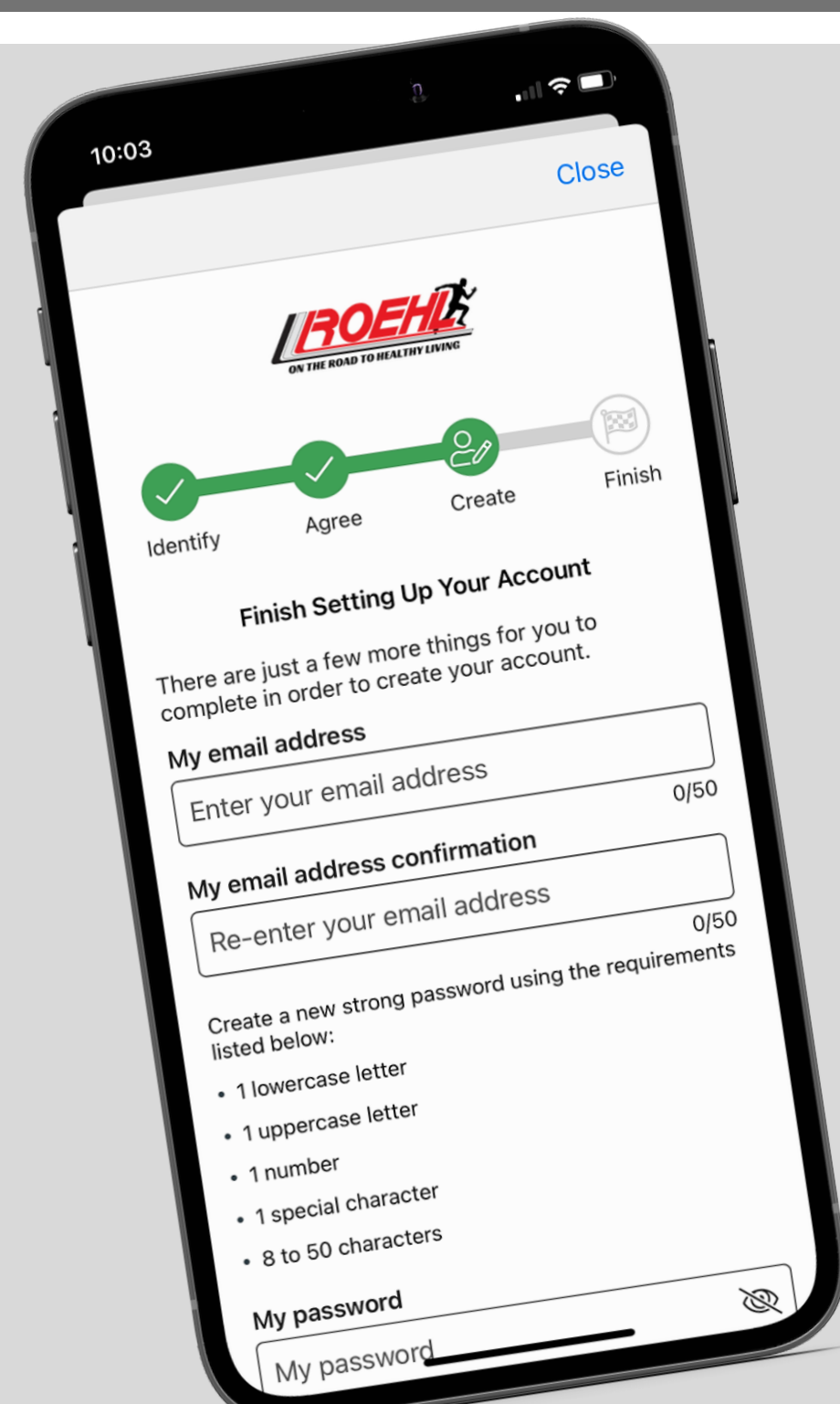
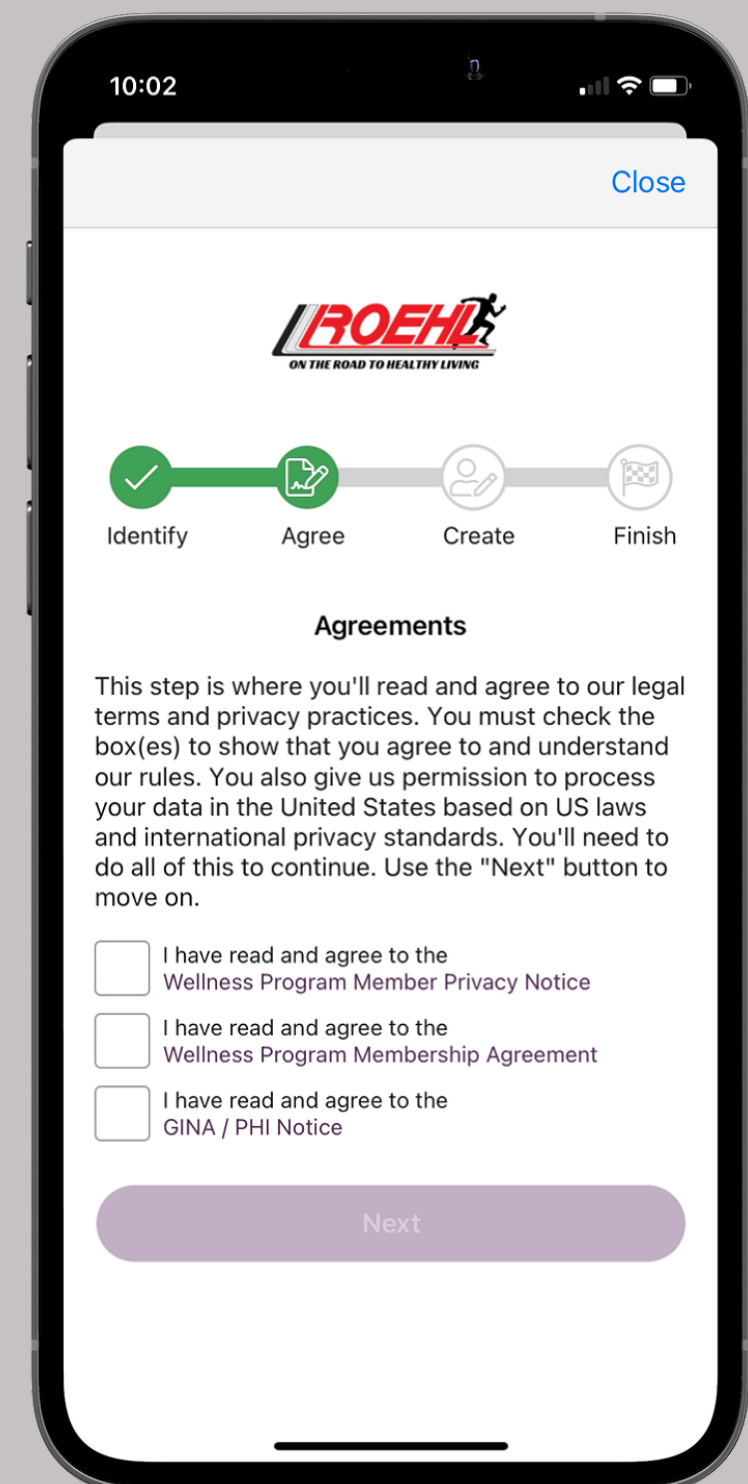


**4** After selecting Roehl Transport as your employer you will be taken to the Roehl sign up page.



**5** Here you will enter your name, Roehl employee ID, date of birth, country/region, & state

**6** Next, you will read through the agreements and check each of the boxes



**7** Lastly, you will enter in your email address, select your password, gender, and time zone.

