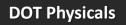
## **Pillars of Wellbeing**









Virgin Pulse Wellness App

**Gary Fitness Center** 

Telemedicine

**Flu Shot Clinics** 

Exercise & Injury Prevention page

**On-site Blood Pressure Checks** 

Chronic Disease Management Program

Anovia Health Clinic (Appleton, Green Bay, Marshfield, Stevens Point & Weston WI) **Prudential Pathways** 

GreenPath

Tobacco Cessation Program- Lower Premiums

Financial

Sleep Apnea Program

401(k)/ Profit Sharing

Lunch & Learns

TeamRoehl Scholarship Program

Roehl Youniversity

**GYCDL** Program

**SJSTP Job Training** 

**Casual Dress** 

**Company Apparel** 

**Gary-Cafeteria** 

**Employee Events** 

Meditation Rooms/Quite

Wellness Website/Self-care

**Telemedicine for Mental Health** 

Rooms

Awards Banquet

resource page

Conditions

EAP

Virgin Pulse Wellness App

**QPR Mental Health Trainings** 

**Employee Events** 

United Way Campaign

Earth Day – Adopt a Highway

**Community** 

**Blood Drives** 

Fill a Backpack

**Food Drives** 

**Help Fund** 

Wreaths across America

**Truckers for Tots** 

TeamRoehl 5/10K (Run, Walk, Cycle)

