

Tuna Avocado Toast

2 SERVINGS

PREP: 10 MINS



INGREDIENTS

- 1 4.5 oz pack of Tuna, drained
- 2 slices of whole wheat fresh bread, lightly toasted
- 1 avocado
- 1 tbsp. lime juice
- 1/2 cucumber, ribboned or thinly sliced
- 1/2 cup sliced grape tomatoes
- Cracked black pepper

DIRECTIONS

1. Smash the avocado with a fork until desired texture is achieved.
2. With a vegetable peeler, peel layers of the cucumber lengthwise until you reach the seeds. Or, slice the cucumber into thin slices - preferably with a mandolin.
3. Spread the smashed avocado over each slice of lightly toasted bread evenly, then top with the cucumbers. Divide the tuna between both slices of toast, placing it over the cucumbers. Finally top the tuna with sliced tomatoes, a few cracks of black pepper, and a spritz of lime juice.

