



(920) 764-8677







WHO WE ARE

Living the best life, no matter the stage, is a journey that requires a supportive team. At Anovia Health, your healthcare journey is supported by a dedicated team of primary care providers. At each of our clinics, the team consists of a lead-physician, advanced practice clinicians, and care coordinators.

Each patient is assigned a care coordinator who acts as the liaison between you and the providers—consider them your personal medical concierge!

At Anovia Health we encourage patients to engage with the care team in-person or through secure video chat, email or text. In some circumstances, we also recommend home monitoring devices. Your care coordinator can work with you to make the best decision on engaging the care team.

Our goal is to provide care that is effective, convenient, and cost-effective for the patient, provider, and payor.



OVER 70%

OF AN INDIVIDUAL'S LIFETIME CARE CAN BE PROVIDED BY THEIR PRIMARY CARE TEAM



UNLIMITED

YEARLY VISITS



30 MINUTES

MINIMUM SCHEDULED VISIT



ACCESSIBLE

IN-PERSON, ONLINE, PHONE OR TEXT





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MEET THE ANOVIA HEALTH - APPLETON CARE TEAM



Brian Erdmann, MD, President of Anovia Health, SC. Dr. Erdmann earned his B.S. degree from UW-Stevens Point where he was awarded the Chancellor's Leadership Award and is a graduate of the Medical College of Wisconsin. He completed his Internal Medicine residency at Sinai Samaritan Medical Center in Milwaukee and has served as medical director for the Sokaogon Chippewa Nation in Mole Lake, WI. Dr. Erdmann's clinical experiences include: Forest County Potowatomi Health and Wellness Center in Crandon, the Wausau VA Clinic, Ministry, and Aspirus. Lastly, he currently serves as the spokesperson for the Free Market Medical Association - Wisconsin Chapter and is a member of the Assoc. of American Physicians and Surgeons.

Sabina Singh, MD, MD, VP & Chief Medical Officer of Anovia Health, SC., is a board certified Family Practice physician who has served with Bellin Health in Green Bay, Wisconsin, Kaiser Permanente in Washington, DC, and Raleigh Family Medicine. She has been the President of the Bellin Medical Group, President of the Wisconsin Academy of Family Physicians, and served on the Bellin Hospital board of directors. Dr. Singh has undergraduate and medical degrees from the University of Wisconsin-Madison and completed residency at the Wake Forest Bowman Grey School of Medicine in Winston-Salem, NC.





Kristin Roesler, Nurse Practitioner. Kristin is a Family Nurse Practitioner who enjoys building trusting relationships with her patients. She has an undergraduate degree in Nursing from Edgewood College in Madison, and a Masters in Science in Nursing-Family Nurse Practitioner from Concordia University, Mequon.

Paula Kautzer, Registered Nurse-Radiology Technologist Paula holds Associate degree's in Nursing from Fox Valley Technical College, and an Applied Health Science Radiology from Lakeshore Technical College. She served eight years in mobile radiography before becoming an RN. Paula ensures that her patients receive the best possible patient centered care.

