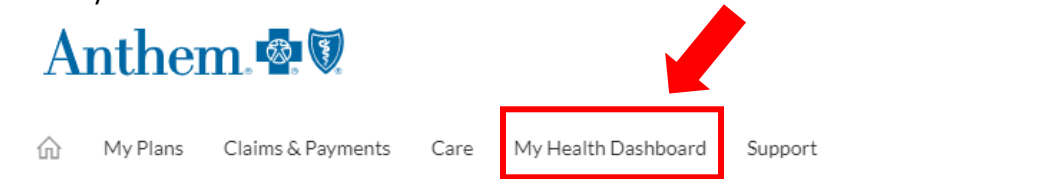
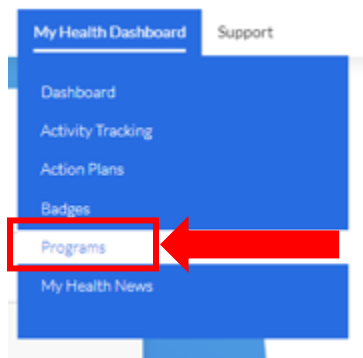


How to Complete the Health Assessment


- Login to your Anthem account at www.anthem.com. If you do not have an account, please register.
- Click on “My Health Dashboard.”



- Scroll down to “Programs.”



- Scroll down to WebMD Health Risk Assessment. Click “Learn More”



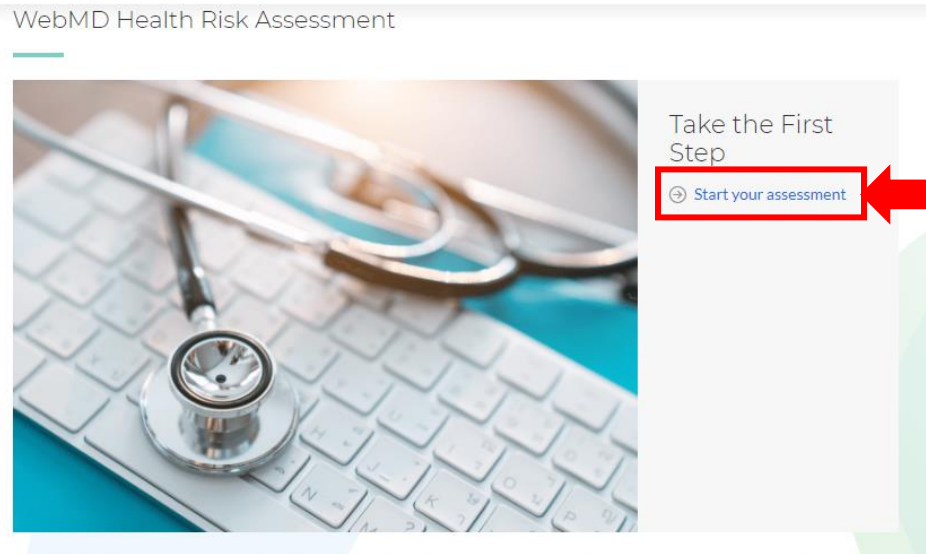
WebMD Health Risk Assessment

Want to be more energetic? Happier? More balanced? Your assessment is here to help create a plan.

[Learn more](#)

The image shows a promotional banner for the WebMD Health Risk Assessment. At the top is a photograph of a stethoscope resting on a white computer keyboard. Below the photo is the title 'WebMD Health Risk Assessment' in blue. Underneath is a short paragraph of text: 'Want to be more energetic? Happier? More balanced? Your assessment is here to help create a plan.' At the bottom right of the banner is a button with a right-pointing arrow and the text 'Learn more'. A red rectangular box surrounds the button, and a red arrow points to it from the right side.

- Click “Start Your Assessment.”



- Read the Wellness Program Notice and Authorization. If you agree, click “Accept” to be directed to the Health Assessment.

My Plans Claims & Payments Care My Health Dashboard Support [Español](#) [Home](#) [Log Out](#)

Wellness Program Notice and Authorization

Your employer sponsors one or more voluntary wellness programs designed to promote health or prevent disease. If you choose to participate in them, you may provide health information by answering questions or having screenings. The kind of health information will vary depending on the program. It may include such things as your blood pressure and glucose levels. This Notice is about how we will use and protect the information.

You may also provide genetic information in the form of information about your past or present medical conditions. We must have your voluntary and knowing authorization below to collect this.

The health and genetic information will be used by us for purposes of the wellness program. It will only be shared with:

- you, so you can understand your health risks;
- those running the wellness programs;
- your health plan to offer you education or other programs that might benefit you; and
- your health plan or employer, in aggregate form that does not identify anyone, to design programs to address health risks.

No one else will see the information. We will follow stringent privacy and security procedures to prevent it from being improperly disclosed. Our methods will comply with all applicable privacy laws. For example, the information will be stored and encrypted, and precautions will be taken to avoid data breaches as these laws require.

By selecting “I Accept” you are authorizing us to collect the genetic information described above. If you do not authorize, select “I decline.” If you select “I decline” you will not be allowed to proceed and will return to the previous page.

[I Accept](#) [I decline, return to previous page](#)