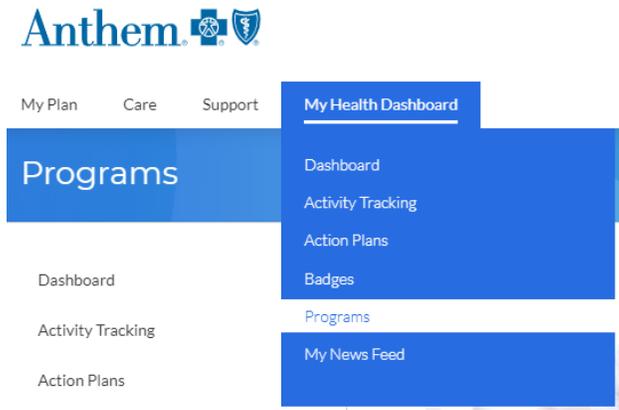


How to Complete the Health Assessment

1. Log into your account at www.anthem.com. If you do not have an account, you will need to register.
2. Select “Programs” under the “My Health Dashboard Tab.”



3. Click “Learn more” under “WebMD Health Risk Assessment.”



4. Click “Start your assessment.”
WebMD Health Risk Assessment

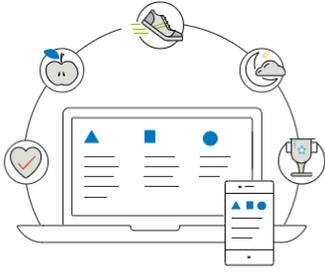


5. Click "Take it Now."

Health Assessment

Learn about yourself by completing the questionnaire

-  Get a comprehensive picture of your current health and lifestyle habits
-  Learn your individualized health score
-  See recommendations that will help you take positive steps toward improved well-being
-  Your information is safe with us



[TAKE IT NOW](#)

6. You will be taken to the Health Assessment questionnaire.