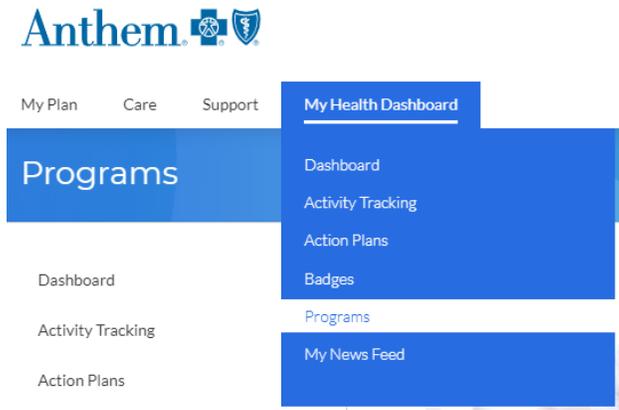# How to Complete the Health Assessment

1. Log into your account at www.anthem.com. If you do not have an account, you will need to register.

2. Select "Programs" under the "My Health Dashboard Tab."

3. Click "Learn more" under "WebMD Health Risk Assessment."
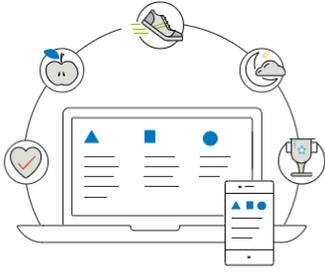

4. Click "Start your assessment."

5. Click "Take it Now."

6. You will be taken to the Health Assessment questionnaire.