



## MEET THE DEPERE CLINIC, ANOVIA HEALTH CARE TEAM



John Steinlage, MD is a lead physician and partner of Anovia Health. He received his undergraduate degree from Notre Dame University and medical degree from the University of Minnesota. After medical school, he completed a family practice residency at UW-Health in Appleton and then a four-year stint as an M.D. with the United States Air Force. He is a board certified family practice physician. Over the past 20 years, he has practiced in out-patient primary care clinics, urgent care settings, and onsite workplace clinics.

Dr. Steinlage describes his style as open and relaxed with an emphasis on personalized care. He focuses first on what is important to and of concern to each patient and then tailors a plan of care.

John, his wife, Lindsey, their seven children, and their English Cream Retriever, Aggie, call Appleton, WI home. John grew up in Wausau. In his free time, he enjoys downhill skiing, camping, and biking.

Sabina Singh, MD, VP & Chief Medical Officer of Anovia Health, SC. Is a board certified Family Practice physician who has served with Bellin Health in Green Bay, Wisconsin, Kaiser Permanente in Washington, DC, and Raleigh Family Medicine. She has been the President of the Bellin Medical Group, President of the Wisconsin Academy of Family Physicians, and served on the Bellin Hospital board of directors. Sabina has been an advocate for innovation in medical care and has been a past participant in several Institute of Healthcare Improvement (IHI) programs. Dr. Singh has undergraduate and medical degrees from the University of Wisconsin-Madison and completed residency at the Wake Forest Bowman Grey School of Medicine in Winston-Salem, NC.



Jodie Olejniczak, LPN has honed her nursing skills through positions in residential care coordination, triage, rehabilitation and long-term care facilities. In addition, she also has experience caring for those suffering from Alzheimer's and other dementias. She looks forward to joining the Anovia Health DePere clinic team and focusing on providing great patient-focused care.

Jodie was born and raised in Green Bay and earned a degree in nursing from Northeast Wisconsin Technical College. She and her husband, Tim, have four wonderful children and one super grandchild. When not at work or showering her grandson with attention, she enjoys walking and travel.

Elizabeth Stickles, RN started working as a nurse in 2008. Since that time she has gained valuable care experiences working as a care provider in public schools, emergency and urgent care, ICU/CCU, Med/Surg units, home health and hospice, and nursing homes.

Lizz likes the diversity of nursing and loves helping people achieve their goals - watching them learn, grow, and teaching them things that can improve their health.

Lizz is from LaCrosse but since 2015 she and her husband, Josh, have been enjoying the rural life in Manawa. They have four rescue pets and often use their custom van to attend events, camp, and visit friends. When not working, she enjoys scrapbooking, crafting, baking, canning, riding her motorcycle, kayaking, and spending time with family, friends, and pets.

