Unplug It

April 10 - 16, 2023

Small changes at home can save you money...and help the planet! Learn how to use less electricity in one week.

- 1. Go to **Challenges** to join.
- 2. Get easy, step by step advice.
- 3. Track to earn **200 points**.

Looking to join? Go to join.virginpulse.com or the Virgin Pulse mobile app





