

YOUR GROUP  
DISABILITY INCOME  
PLAN



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# SCHEDULE OF BENEFITS

## Disability Income Coverage – Weekly Income Benefits

Weekly Income Benefit Percentage .....	50%
Maximum Weekly Income Benefit .....	\$1,250
Minimum Weekly Income Benefit .....	\$25

The **Weekly Income Benefit** is calculated as follows:

Weekly Income Benefit                      (A divided by B) times C, minus Other Income.

A = your Basic Weekly Earnings minus Recovery Work Earnings.

B = your Basic Weekly Earnings.

C = your **Gross Weekly Benefit**, defined as follows:

- Take the Benefit Percentage and multiply by your Basic Weekly Earnings.
- Compare this result to the Maximum Weekly Income Benefit and take the lesser of the two amounts.

Other Income is described in the Disability Income Coverage section of this booklet.

Recovery Work Earnings is defined in the Definitions section of this booklet.

In no event will your Weekly Income Benefit plus Other Income be greater than your predisability Basic Weekly Earnings.

**Basic Weekly Earnings** – Your gross weekly income in effect on the last day you worked for the Employer before becoming disabled. Weekly income means your usual rate of pay, including mileage, bonuses and overtime pay. Tax Advantage Plan reimbursement income and any other fringe benefit or extra compensation is not included.

Mileage, bonuses and overtime pay will be averaged as follows:

- Over the most recent 12 month period prior to the date you became disabled.
- Over the number of calendar months you worked for the Employer, if you worked for the Employer for at least 6 months but less than 12 months.
- Mileage, bonuses and overtime pay will not be included if you have worked for the Employer for less than 6 months.

### Benefit Waiting Period

- Disability caused by accidental injury ..... 0 calendar days
- Disability caused by sickness ..... 7 calendar days

You must see a doctor within 48 hours of the accident. If not, the Plan will consider your disability to be caused by sickness and the Benefit Waiting Period for sickness will apply.

### Maximum Benefit Period

- Disability caused by accidental injury ..... 26 weeks
- Disability caused by sickness..... 25 weeks

### Proof of Good Health

Proof of good health will be required for any amount of Disability Income Coverage, if you apply more than 31 days after the date you become eligible. **Exception:** If you elect to be enrolled in the medical plan when you first become eligible, at annual open enrollment, or when you have a medical plan life qualifying event, then you will be automatically enrolled for Short-Term Income Protection benefits and no proof of good health will be required.

# EMPLOYEE'S COVERAGE

## Eligibility

You are eligible on the first day of the month on or after the date you complete 6 months of continuous service with the Employer.

If you elect to be enrolled in the medical plan when you first become eligible, at annual open enrollment, or when you have a medical plan life qualifying event, then you will be automatically enrolled for Short-Term Income Protection benefits and no proof of good health will be required.

If you do not elect medical plan coverage when you are first eligible, you may elect Short-Term Income Protection during annual open enrollment periods, subject to proof of good health, at your own expense. If you subsequently elect to not continue your medical plan coverage, you may elect to keep your existing Short-Term Income Protection benefits, at your own expense.

You must meet the following conditions to become covered:

- Be eligible for the coverage.
- Be actively at work.
- Apply for the coverage, if you have to pay any part of the contribution.
- Give to the Plan proof of good health, which it approves, as required on the Schedule of Benefits.
- If you are not enrolled for the medical plan and you apply for Disability Income Insurance more than 31 days after the date you become eligible, you will need to provide proof of good health to ReliaStar Life. ReliaStar Life must give approval in order for you to be covered for Disability Income Insurance.

## Effective Date of Employee's Coverage

Your coverage starts on the latest of the following dates:

- The date you become eligible.
- The date you return to active work if you are not actively at work on the date coverage would otherwise start. **Exception:** Your coverage starts on a nonworking day if you were actively at work on your last scheduled working day before the nonworking day.
- The date you become enrolled in the medical plan.
- If you are not enrolled in the medical plan, the date you apply for Short-Term Income Protection benefits.
- The date you apply for coverage, if you have to pay any part of the contribution.
- The date the Plan approves your proof of good health, if proof is required.

## Continuity of Coverage

If you are not actively at work on the date coverage would otherwise start, the Plan will waive the actively at work requirement if both of the following are true:

- You are eligible for coverage except for meeting the actively at work requirement on the Plan's Effective Date.
- You were covered under the Employer's prior group disability income plan on the day before the Plan's Effective Date.

Your coverage is subject to payment of cost contributions. Before you return to active work, any benefit will be limited to the amount that would have been paid under the prior plan. The Plan reduces the amount it pays by any amount for which the prior plan is liable. Your coverage will stop on the date benefits would have ended under the prior plan had it remained in force.

If you were actively at work and covered under the Plan on its Effective Date, and you were covered under the Employer's prior group disability income plan on the day before that date, then the Plan applies the pre-existing condition provision to your benefits as follows:

1. If you fully satisfy the Plan's pre-existing condition provision, then benefits are payable according to the terms of the Plan.
2. If you become disabled due to a pre-existing condition before you have satisfied the Plan's pre-existing condition provision, the Plan will look at whether you would have satisfied the prior plan's pre-existing condition provision.
  - If the prior plan did not have a pre-existing condition provision, the Plan will credit the time you were covered under the prior plan toward the Plan's pre-existing condition provision.
  - If you fully satisfied the prior plan's pre-existing condition provision and would have been eligible for benefits under the prior plan, then the Plan will pay the lesser of the amount payable under the Plan or the amount that would have been payable under the prior plan. Benefits will stop on the earlier of the date benefits end under the Plan or would have ended under the prior plan.

## EMPLOYEE'S COVERAGE

- If you did not fully satisfy the prior plan's pre-existing condition provision and would not have been eligible for benefits under the prior plan, then the Plan will credit any time you satisfied under the prior plan's pre-existing condition provision toward meeting the Plan's pre-existing condition provision.

On the Plan's Effective Date, if the maximum benefit is greater under the Plan than under the Employer's prior plan, then the Plan's pre-existing condition provision will apply to any increased benefit amount.

Please refer to the Exclusions in the Disability Income section of this booklet for more information on pre-existing conditions.

### **Effective Date of Change in Amount of Coverage**

If there is an increase in the amount of your coverage, the increase will take effect on:

- The date of the increase, if you are actively at work on that date.
- The date you return to active work, if you are not actively at work on the date your coverage increases.
- The nonworking day on which the increase was effective, if you were actively at work on your last scheduled working day before the nonworking day.

If proof of good health is required, the increase will take effect on the later of the dates indicated above or the date the Plan approves your proof of good health.

A decrease in the amount of your coverage will take effect on the date of the decrease.

### **Termination of Coverage**

Your coverage stops on the earliest of the following dates:

- The date you are no longer actively at work for the Employer.
- The date you are no longer eligible for coverage under the Plan.
- The date the Plan stops.
- The end of the period for which you paid contributions, if you do not make the next required contribution when due.

The Plan stops providing a specific benefit to you on the date that benefit is no longer provided under the Plan.

### **Family and Medical Leave Act of 1993**

Certain employers are subject to the FMLA. If you have a leave from active work certified by your employer, then for purposes of eligibility and termination of coverage you will be considered to be actively at work. Your coverage will remain in force so long as you continue to meet the requirements as set forth in the FMLA.

# DISABILITY INCOME COVERAGE

## Weekly Income Benefits

### Qualifying for Benefits

The Plan pays benefits if you become disabled and qualify to receive benefits. The benefit payable is based on the Schedule of Benefits in effect on the date you became disabled.

To qualify for benefits, all of the following conditions must be met:

You must –

- be covered on the date you become disabled and the condition causing your disability is not excluded from coverage.
- be covered on the date the benefit waiting period begins.
- send written notice of the disability as described in the Claim Procedures Section.
- be receiving regular and appropriate care and treatment.

### Benefit Waiting Period

The benefit waiting period is the length of time you must be continuously disabled before you qualify to receive any benefits. **Exception:** For weekly income benefits, you may return to work for up to 5 days during the benefit waiting period without having to begin a new benefit waiting period. The days you work and are not disabled do not count toward meeting the benefit waiting period.

The benefit waiting period begins on the first day you see a doctor and he or she states in writing that you are disabled because of sickness or accidental injury.

The benefit waiting period is shown on the Schedule of Benefits.

### Benefit Payments

Weekly income benefits are paid at the end of each week for the period for which you qualified. If you are disabled for part of a week the benefit payable is based on 1/7 of your weekly income benefit for each day you are disabled.

The weekly income benefits are determined as shown on the Schedule of Benefits. Benefits continue while you are disabled up to the maximum benefit period shown on the Schedule of Benefits. You must complete the benefit waiting period before any benefits are payable.

### Other Income

Other Income is subtracted from the benefit you would otherwise receive, as shown on the Schedule of Benefits. Other Income includes any of the following:

- The amount you receive or are entitled to receive under:
  - Salary continuance benefits provided through the Employer.
  - Paid Time Off benefits provided through the Employer.
  - Sick leave benefits provided through the Employer.
  - Unemployment benefits under any law or compulsory program.
- The amount you receive or are entitled to receive as disability income payments under any:
  - Automobile liability insurance benefits.
  - Plan or arrangement of disability coverage, whether insured or not, resulting from your employment by or association with any employer, or resulting from your membership in or association with any group, association, union or other organization.
  - Group life or group accident insurance policy.
  - Individual insurance policy where the premium is wholly or partially paid by an employer or for which an employer makes payroll deductions.
- The amount of any judgments or settlements you receive as the result of the act or omission of a third party.
- The amount you and your dependents receive or are entitled to receive as disability payments because of your disability under:
  - The Federal Social Security Act.
  - The Canada Pension Plan.
  - The Quebec Pension Plan.
  - The Railroad Retirement Act.
  - The Jones Act.
  - State Disability benefits.
  - Any similar act or plan.

## DISABILITY INCOME COVERAGE

- Other government disability income.
- The amount you receive as retirement payments or income your dependents receive as retirement payments because you are receiving retirement payments under:
  - The Federal Social Security Act.
  - The Canada Pension Plan.
  - The Quebec Pension Plan.
  - The Railroad Retirement Act.
  - The Jones Act.
  - Any similar act or plan.
  - Other government retirement income.

Other income includes the following benefits provided under an employer's retirement plan:

- Disability benefits.
- Retirement benefits attributable to employer contributions. These retirement benefits include only:
  - Early retirement benefits you are receiving that are voluntarily selected.
  - Retirement benefits that are unreduced by age for which you are eligible on the later of the following:
    - the date you reach age 62.
    - normal retirement age.

The Plan considers retirement benefits received before age 62, or if later, before normal retirement age, to be voluntarily elected until you provide written proof satisfactory to the Plan that you did not elect to receive benefits voluntarily.

Disability payments under a retirement plan will be those benefits which are paid due to disability and do not reduce the retirement benefit that would have been paid if the disability had not occurred. If disability benefits reduce the retirement benefit under the plan, they will be considered a retirement benefit.

Except for Other Income retirement benefits, Other Income includes only income which is payable for the same period of disability for which you are claiming benefits under the Plan.

The Plan considers you to be eligible to receive Other Income benefits whether or not you apply for them, until you send the Plan written proof that the benefits were denied or contested. When the Plan receives written proof that Other Income benefits were denied or contested, the Plan will pay benefits you are qualified to receive. However, if the denial of Other Income benefits is not final, you must pursue the Other Income benefits to the fullest extent possible.

**Exceptions:** Benefits will not be reduced by –

- retirement benefits attributable to employee contributions.
- retirement or disability benefits you receive from a past employer, if these benefits have been paid continuously to you for more than 2 years before you become eligible to receive benefits under the Plan.
- benefits paid by a group or franchise creditor disability plan.
- income received from a profit sharing plan, thrift plan, individual retirement account, tax sheltered annuity, stock ownership plan, or a non-qualified plan of deferred compensation.
- disability or retirement benefits which are received under an employer's retirement plan but are rolled over or transferred to any eligible retirement plan as defined by the Internal Revenue Code.
- Federal Social Security benefits if your disability begins after age 70 and you were receiving Social Security benefits while continuing to work.
- a cost of living increase to any other income benefit after the initial other income benefit becomes payable.

### **Minimum Weekly Income Benefit**

If you receive Other Income, it will be subtracted from the benefit you would otherwise receive. However, after you qualify for weekly income benefits, the Plan will pay you at least the minimum weekly income benefit shown on the Schedule of Benefits.

# DISABILITY INCOME COVERAGE

## **Lump Sum Payments**

Other Income you receive as a lump sum will be prorated into weekly amounts. The prorated amount will be subtracted from the benefit you would otherwise receive, until the total amount subtracted equals the lump sum payment. The Plan will determine the prorated amount using the first of the following methods that applies:

- Divide the Other Income lump sum into weekly amounts based on the amount of Other Income you were receiving from the same source prior to receiving the lump sum payment.
- Divide the Other Income lump sum into weekly amounts based on the weekly amount you could have received in lieu of the lump sum payment.
- Divide the Other Income lump sum into weekly amounts over the remaining maximum benefit period.

## **Overpayment**

If the Plan pays you a larger benefit than you should have received, the Plan may recover any overpayments it made.

The Plan will recover from you the full amount of the overpayment through one or more of the following means:

- Require you to return the overpayment in one lump sum.
- Stop payment of benefits until the full overpayment is repaid.
- Require you to assign any Other Income to the Plan.

Any minimum weekly income benefit otherwise payable will not be paid until the overpayment is recovered.

## **Waiver of Contribution**

The Plan waives your contribution during any period for which benefits are payable. If the Plan waives your contribution it is the Employer's responsibility to refund to you any contribution you may make after qualifying for benefits.

## **Termination of Benefits**

The Plan stops paying benefits on the earliest of the following:

- The date you are no longer disabled.
- The end of the maximum benefit period for any one period of disability. The maximum benefit period is shown on the Schedule of Benefits.
- The date you no longer qualify for benefits under all the conditions listed.
- The date of your death.
- The date you fail to provide written proof of disability that the Plan determines to be satisfactory.
- The date you cease to be under regular and appropriate care of a doctor, or refuse to undergo an examination or testing by a doctor of the Plan's choosing.
- The date you refuse to undergo vocational or rehabilitation testing that the Plan requires.
- The date you refuse to receive medical treatment that is generally acknowledged by doctors to cure or improve your condition so as to reduce its disabling effect.
- The date you refuse to work with the assistance of modifications made to your work environment, functional job elements or work schedule, or adaptive equipment or devices, that a qualified doctor has indicated will accommodate the limiting factors of your sickness or accidental injury.

If the Plan or the Disability Income Coverage part of the Plan terminates after you qualify to receive benefits, the Plan continues your benefit payments. Benefits are paid as long as you continue to qualify according to the terms of the Plan in effect on the date you qualified.

## **Recurrent Disability**

If you are receiving weekly income benefits, a recurrent disability is a disability due to the same cause which occurs after you have returned to full-time work for the Employer for less than 10 working days.

The Plan pays benefits for a recurrent disability which is a continuation of a previous disability.

A recurrent disability has –

- no additional benefit waiting period.
- the same maximum benefit period as the previous disability.

Benefits payable under this recurrent disability provision will stop if benefits are payable to you under any other group disability plan.



# DISABILITY INCOME COVERAGE

## Exclusions

The Plan will not pay benefits if your disability results from any of the following:

- Sickness or injury which occurs in any armed conflict, whether declared as war or not, involving any country or government.
- Sickness or injury which occurs while you are on military service for any country or government.
- Intentionally self-inflicted injury or illness, whether you are sane or insane.
- Injury which occurs when you commit or attempt to commit a felony.
- Injury suffered in a fight in which you are the aggressor.
- Sickness or injury due to cosmetic or reconstructive surgery, except for surgery necessary to correct a deformity caused by sickness or accidental injury.
- For Weekly Income Benefits, sickness or accidental injury for which you have or had a right to payment under a workers' compensation or similar law. This includes payment you would have been entitled to receive if the Employer had not declined to provide workers' compensation insurance as allowed by the Employer's state of domicile.
- For Weekly Income Benefits, sickness or accidental injury arising out of or in the course of work for pay, profit, or gain.

The Plan will not pay benefits for the portion of any period of disability that you are confined in a penal or correctional institution as a result of conviction for a criminal or other public offense.

The Plan will not pay an additional benefit for disability caused by both sickness and accidental injury or by more than one sickness or accidental injury.

## Pre-Existing Condition Exclusion

The Plan will not pay Weekly Income benefits if your disability is due to a pre-existing condition, and you became disabled during the first 12 months your coverage is in effect.

## Work Retention Assistance Services

You may receive this benefit if all of the following conditions are met:

- You have a sickness, accidental injury or functional impairment that you report to the Plan.
- The Plan determines that the sickness, accidental injury or functional impairment has the potential to result in your inability to perform the essential duties of your regular occupation.
- You have not yet become disabled.

If the conditions listed above are met, the Plan may provide vocational rehabilitation services and assistance that the Plan determines necessary and appropriate to minimize the effects of the reported sickness, accidental injury or functional impairment. The Plan may provide these services to assist you in your attempt to retain the ability to perform the essential duties of your regular occupation }or of a reasonable employment option offered to you.

Vocational rehabilitation services may include payment of expenses for any of the following items in connection with an approved rehabilitation program:

- education.
- re-training.
- moving.
- relocation.
- unreimbursed medical care.
- accommodations.
- family care.

Payment for these expenses is at the sole discretion of the Plan.

Examples of impairments or medical conditions for which the Plan may be able to provide services under this benefit include, but are not limited to the following:

- Diabetes with complications or other endocrine disorders.
- Vision or hearing loss.
- Arthritis or other degenerative or progressive musculoskeletal conditions.
- Multiple Sclerosis and other progressive neurological disorders.
- Cancer and complications of cancer treatment.

# CLAIM PROCEDURES

## **Submitting a Claim**

You or someone on your behalf must send the Plan written notice of the loss on which the claim will be based. The notice must –

- include information to identify you, such as your name, address and Plan number.
- be sent to the Plan or to its authorized administrator.
- be sent within 20 days after the loss for which claim is based has occurred or as soon as reasonably possible.

## **Claim Forms**

The Plan or its authorized administrator will send claim forms to you or to the Employer to forward. The Plan will send the forms within 15 days after the Plan receives notice of claim.

The completed claim forms must be returned to the Plan within 90 days of the loss. Even if you do not receive claim forms, written proof of loss must be sent to the Plan within 90 days after the loss or as soon as reasonably possible.

Written proof of loss includes details of how the loss occurred. The Plan may require further documentation to verify proof of loss.

## **Benefit Payments**

Benefits under the Plan are paid when proof of loss is received.

Benefits are paid to you. Any weekly income benefit remaining unpaid at the time of your death will be paid to your survivors or your estate in the following order:

1. Your spouse.
2. Your children.
3. Your estate.

## **Time of Payment of Claims**

Subject to due proof of loss, all accrued benefits payable under the Plan will be paid at the end of each week during the period for which the Plan is liable. Any balance remaining unpaid at the end of such period will be paid as soon as possible after receipt of written proof of loss.

## GENERAL PROVISIONS

### Free Choice of Doctor

You have the right to choose any doctor.

### Assignment

You may not transfer to anyone else –

- ownership of any booklet issued under the Plan.
- Disability Income Coverage under the Plan.

### Legal Action

Legal action may not be taken to receive benefits until 60 days after the date proof of loss is submitted according to the requirements of the Plan. Legal action must be taken within 3 years after the date proof of loss must be submitted.

If the Employer's state requires longer time limits, the Plan will comply with the state's time limits.

### Exam

When reasonably necessary, the Plan may have you examined while you are claiming benefits. The exam will be conducted by one or more doctors or vocational experts of the Plan's choice. The exam may include vocational testing and evaluations, or any other type of testing and evaluations the Plan determines necessary. This right will only be exercised as often as the Plan reasonably believes necessary to properly evaluate your claim and your potential for rehabilitation. The Plan has the right to defer or suspend payment of benefits if you fail to attend an exam or fail to cooperate with the doctor. Benefits may be resumed, provided that the required exam occurs within a reasonable time and benefits are otherwise payable.

### Reimbursement

If the Plan pays Disability Income benefits for sickness or accidental injury caused in whole or part by the act or omission of another, you must –

- reimburse the Plan for the benefits paid if you recover damages for lost income by settlement, court order, judgment or otherwise.
- provide the Plan with a lien and order directing reimbursement for benefits. The lien and order may be filed with –
  - the person whose act caused the sickness or accidental injury,
  - their agent,
  - the court, or
  - your attorney.
- cooperate with the Plan, including execution, completion, and filing of any document deemed by the Plan necessary to protect its reimbursement rights.

The Plan has a first priority claim against –

- amounts which are or may be subject to reimbursement.
- any person who is or may be obligated to pay damages for lost income. This includes any insurer of you.

The Plan will be reimbursed first before other claims against amounts recovered or recoverable from persons who are or may be obligated to pay damages for lost income, even if the amounts are not enough to reimburse the Plan in full or compensate you in full for damages sustained.

The Plan has no obligation to pay attorney's fees or other legal fees to your attorney for recovery of amounts subject to reimbursement.

The Plan will have the right to intervene in any suit or other proceedings to protect its reimbursement rights. Any settlement proceeds received by you or your attorney will be held in trust for the Plan's benefit. The Plan's rights herein are binding upon and enforceable against your legal representatives, heirs, next of kin, and successors in interest.

### Subrogation

If the Plan pays Disability Income benefits for sickness or accidental injury caused in whole or part by the act or omission of another, the Plan will have a right of subrogation against any person, any insurer, you or any insurer of you, should you receive, or have a right to receive, any damages or payments.

You will do nothing to prejudice the Plan's subrogation rights and will cooperate with the Plan to protect such rights. This includes –

## GENERAL PROVISIONS

- providing information.
- signing an agreement documenting the Plan's subrogation rights .
- taking other action the Plan requests. This includes execution, completion, and filing of any document deemed by the Plan necessary to protect its rights.

The Plan's subrogation rights and amounts recoverable or recovered pursuant to such rights are a first priority claim. Such amounts will be reimbursed first even if all amounts recovered from whatever source are insufficient to compensate you in part or whole for all damages sustained.

At the Plan's option, action may be taken to preserve its subrogation rights. This includes –

- the right to bring any legal action in your name.
- seeking reimbursement out of any amount from any source recovered by you.

Any settlement proceeds received by you, or your attorney will be held in trust for the Plan's benefit. The Plan has no obligation to pay any attorney or other legal fees to your attorney for any subrogation recovery received. The Plan will have the right to intervene in any suit or proceeding to protect its subrogation rights. The Plan's rights herein are binding upon and enforceable against your legal representatives, heirs, next of kin, and successors in interest.

### **Incontestability**

Any statement you make to obtain coverage or an increase in coverage is a representation and not a warranty. No misrepresentation by you will be used to reduce or deny a claim or to deny the validity of your coverage or an increase in coverage unless all of the following are true:

- Your coverage or increase in coverage would not have been approved if the truth had been known.
- Your misrepresentation is contained in a written instrument signed by you.
- You or your beneficiary, if applicable, have been given a copy of the written instrument containing your misrepresentation.

After your coverage or increase in coverage under the Plan has been in effect for two continuous years during your lifetime, the Plan will not use a misrepresentation by you to reduce or deny a claim or to deny the validity of your coverage or increase in coverage unless it was a fraudulent misrepresentation made with an actual intent to deceive. However, the Plan has the right at any time to assert as a defense to a claim that you were not eligible for coverage or for the increase because you did not meet the requirements of the Plan. These requirements include, but are not limited to any requirements that you:

- Satisfy the eligibility requirements.
- Submit and have approved proof of good health.
- Meet the actively at work requirement.

## DEFINITIONS

**Accidental Injury** – bodily injury resulting from a sudden, violent, unexpected and external event. All injuries are considered to be received in one accident as one accidental injury. Infection resulting from a cut or wound caused by an accident is also an accidental injury.

Accidental injury does not include poisoning, disease or any other type of infection, except as stated above.

**Active Work, Actively at Work** – the employee is physically present at his or her customary place of employment with the intent and ability of working the scheduled hours and doing the normal duties of his or her job on that day.

**Damages for Lost Income** – any payments which in whole or part can reasonably be considered compensatory for lost income, regardless of designation.

**Disability, Disabled** – The Plan's determination that a change in your functional capacity to work due to sickness or accidental injury has caused your inability to perform the essential duties of your regular occupation or a reasonable employment option offered to you by the Employer, and as a result you are unable to earn more than 80% of your weekly earnings.

Economic factors such as, but not limited to, recession, job obsolescence, paycuts, and job sharing will not be considered in determining whether you meet the requirements stated above.

You will not be considered disabled solely because of the loss or restriction of your license to engage in your regular occupation.

**Doctor** – a medical practitioner of a healing art which is recognized by applicable state law, who meets all of the following conditions:

- He or she is practicing within the scope of his or her license.
- He or she is certified or credentialed by the appropriate medical or professional board that provides certification or credentialing for practitioners who perform the type of treatment or service the practitioner is providing for your sickness or injury.
- He or she possesses the necessary training and qualifications, according to generally accepted medical standards, to evaluate and treat your condition.

The term doctor does not include you, an employee of the Employer, anyone related to you by blood or marriage, or anyone living in your household.

**Employee** – an active employee residing in the United States who is employed by the Policyholder. Drivers in National, Regional and Hometime+ fleets are considered full-time for this Plan. Drivers in Dedicated and Local jobs are considered full-time if they typically work 40 hours per week. Non-Driving Employees must be working at least 40 hours per week. Normal vacation is considered active employment. Part-time, temporary and seasonal employees are excluded.

**Employer** – Roehl Transport, Inc.

**Essential Duties** – duties which are normally required for the performance of an occupation as it is normally performed in the national economy and which cannot be reasonably omitted or modified. If you were normally required to perform essential duties in excess of 40 hours per week or 8 hours per day prior to becoming disabled, the Plan will consider you still able to perform the essential duties if you are working or have the capacity to perform such duties at least 40 hours weekly or 8 hours daily.

**Nonworking Day** – a day on which the employee is not regularly scheduled to work, including time off for the following:

- Vacations.
- Personal holidays.
- Weekends and holidays.
- Approved nonmedical leave of absence.
- Paid Time Off for nonmedical-related absences.

Nonworking day does not include time off for any of the following:

- Medical leave of absence. Time off for a medical leave of absence will be considered a scheduled working day.
- Temporary layoff.
- The Employer suspending its operations, in part or total.
- Strike.

## DEFINITIONS

**Period of Disability** – a new period of disability begins if the new disability results from a cause or causes unrelated to that of any previous disability, separated by active work with the Employer. All periods of disability which have the same cause are considered one period of disability. **Exception:** A new period of disability begins when you become disabled due to the same cause after you have been actively at work on a full-time basis with the Employer continuously for at least 10 working days.

**Plan** – Plan Sponsor's Weekly Income Benefit Coverage, 66674-2SFDIS

**Pre-existing Condition** – a sickness or accidental injury for which, during the 3 months immediately before the effective date of your coverage you did one or more of these:

- Received medical treatment, care, services or advice.
- Took prescribed drugs or had medications prescribed.
- Experienced related or resulting symptoms or aggravations which would be a reasonable cause for an ordinarily prudent person to seek diagnosis, care or treatment from a doctor or health care facility.

**Reasonable Employment Option** – an employment position for which you are able to perform the essential duties given your education, training and experience.

**Recovery Work Earnings** – is any of the following:

- Income you receive while working for the Employer.
- The excess of income you receive while working for another employer above the average income you received from the Employer prior to becoming disabled.
- Income the Plan estimates you would be able to earn working to your maximum capacity.

**Regular and Appropriate Care** – means:

- You personally visit a doctor as often as is medically required, according to generally accepted medical standards and consistent with the stated severity of your medical condition, to effectively manage and treat your sickness or injury.
- You are receiving care which conforms with generally accepted medical standards for treating your sickness or injury and is consistent with the stated severity of your medical condition.
- Care is rendered by a doctor whose specialty or experience is the most appropriate for your disability according to generally accepted medical standards.
- You are receiving or actively seeking appropriate physical or psychological rehabilitative services.

**Regular Occupation** – the activity which, immediately prior to disability, you were regularly performing and which was your source of income from the Employer. The Plan will assess this occupation as it is normally performed in the national economy, rather than how the duties and tasks are performed for a specific employer or at a specific location.

**ReliaStar Life** – ReliaStar Life Insurance Company, at its Home Office in Minneapolis, Minnesota, the claims paying agent for the Employer's self-funded plan. The Employer makes all final claim decisions. Whenever ReliaStar Life is referred to in this booklet it is in its capacity as a claims paying agent.

**Sickness** – any physical illness, mental disorder, normal pregnancy or complication of pregnancy.

**Spouse** – the legal husband or wife of an employee.

**Written, In Writing** – signed, dated and received at ReliaStar Life's Home Office in a form ReliaStar Life accepts.

**You, Your** – an employee covered for Employee's Coverage under the Plan.

The Summary Plan Description on the following pages is provided to you at the request of the Plan Sponsor. It is not a part of the certificate.

# SUMMARY PLAN DESCRIPTION

For a Plan of Benefits Administered by  
ReliaStar Life Insurance Company  
P.O. Box 20  
Minneapolis, Minnesota 55440

**Plan Name, Number and Name and Address of Planholder**

Group Short Term Income Protection Plan (STIP) for employees of Roehl Transport, Inc.  
66674-2DISABILITY  
1916 East 29th Street  
P.O. Box 750  
Marshfield, WI 54449

**Name, Address, and Telephone Number of the Plan Administrator:**

Roehl Transport, Inc.  
1916 East 29th Street  
P.O. Box 750  
Marshfield, WI 54449  
(715) 591-7019

**Identification Numbers**

IRS Employer Identification Number: 39-1145328  
Plan Number: 504

**Agent for Legal Process:**

a Plan Administrator

**Trustees:** None

**Collective Bargaining or Multiple-Employer Agreements under which Plan is Established:** None

**Type of Administration:** Records maintained by Employer.

**Contribution Payments:** Employer and employee contribute to the cost of the Plan.

**Plan Year:** January 1 through December 31

**Claim Procedures:** Please refer to the CLAIM PROCEDURES section.

**Statement of ERISA Rights:** Please refer to the STATEMENT OF ERISA RIGHTS section.

**Eligibility and Circumstances Limiting Eligibility:** See Employee's Coverage in the Employee Booklet.

**Type of Plan:** As described in the Employee Booklet.

**Benefits in Plan:** See Employee's Coverage in the Employee Booklet. Benefits are provided by a self-funded plan and not by a policy or contract of insurance.

**Amendment or Termination of Plan:** The Plan Sponsor makes no promise to continue these benefits in the future and rights to future benefits will never vest. Retirement does not give any retiree any vested right to continue plan benefits. The Plan Sponsor reserves the right to amend, modify, revoke or terminate the plan, in whole or part, at any time.

**Benefits, Rights, and Obligations after Termination:** As described in the Employee Booklet.

ReliaStar Life Insurance Company of Minneapolis, Minnesota acts only as the claim-paying agent of this self-funded employee benefit plan, and is not acting as an insurer of this Plan.



# SUMMARY PLAN DESCRIPTION

## CLAIM PROCEDURES

1. Information regarding claim submission may be obtained from the Plan Administrator or Human Resources Department.
2. ReliaStar Life Insurance Company (ReliaStar Life) will process the claim and make payment or issue a denial notice.
3. Written notice of denial of a claim will be furnished to the claimant within 45 days after receipt of the claim. Up to two extensions of 30 days each will be allowed for processing the claim for matters beyond the Plan's control or if additional information is needed from the claimant. The claimant will be given notice of any such extension. The notice will state the special circumstances involved, or the additional information needed from the claimant, if any, and the date a decision is expected.
4. The notice of denial will be written in an understandable manner and include the following:
  - a. The specific reason(s) for the denial.
  - b. Specific reference to the provision, internal rule, guideline or protocol which forms the basis of the denial.
  - c. A description of additional information, if any, which would enable a claimant to receive the benefits sought and an explanation of why it is needed.
  - d. An explanation of the claim review procedure.
5. The claimant may request an appeal at any time during the 180-day period following receipt of the notice of denial of the claim.
6. A request for an appeal of a denied claim may be made by written application of the claimant or his or her duly authorized representative to ReliaStar Life. As part of the appeal the claimant also has the right, upon request and free of charge, to access and copies of all documents, records and other information that is relevant to the claim for benefits. The claimant may, in the course of this appeal, review relevant documents and submit to ReliaStar Life written comments, documents, records and other information relating to the claim. The request and any statements or comments received will be processed by ReliaStar Life. Review of claim denials and final decisions on appeal are the responsibility of the Plan Administrator.
7. ReliaStar Life will provide the claimant with a written decision providing the final determination of the claim. This decision will be written in an understandable way, will state the specific reason(s) for the decision, and will make specific reference to the provision on which the decision is based. This decision will be issued as soon as practicable from the date of appeal, but no longer than 45 days unless an extension is needed. An extension of 45 days will be allowed for making the decision for matters beyond the Plan's control or if additional information is needed from the claimant. The claimant will be given notice if this extension is necessary, stating the reason for the extension, the date a decision is expected, and the additional information needed from the claimant, if any. If the decision on review is not received within these time limits, the claim may be considered denied.
8. The Plan Administrator has final discretionary authority to determine questions of eligibility and status and to interpret and construe Plan terms.

# SUMMARY PLAN DESCRIPTION

## STATEMENT OF ERISA RIGHTS

As a participant in the Plan you are entitled to certain rights and protections under the Employee Retirement Income Security Act of 1974 (ERISA). ERISA provides that all plan participants shall be entitled to:

### **Receive Information About Your Plan and Benefits**

Examine, without charge, at the Plan Administrator's office and at other specified locations, such as worksites and union halls, all documents governing the Plan, including insurance contracts and collective bargaining agreements, and a copy of the latest annual report (Form 5500 Series) filed by the Plan with the U.S. Department of Labor and available at the Public Disclosure Room of the Employee Benefits Security Administration.

Obtain, upon written request to the Plan Administrator, copies of documents governing the operation of the Plan, including insurance contracts and collective bargaining agreements, and copies of the latest annual report (Form 5500 Series) and updated Summary Plan Description. The administrator may make a reasonable charge for the copies.

Receive a summary of the Plan's annual financial report. The Plan Administrator is required by law to furnish each participant with a copy of this summary annual report.

### **Prudent Actions by Plan Fiduciaries**

In addition to creating rights for plan participants, ERISA imposes duties upon the people who are responsible for the operation of the employee benefit plan. The people who operate your Plan, called "fiduciaries" of the Plan, have a duty to do so prudently and in the interest of you and other plan participants and beneficiaries. No one, including your employer, your union, or any other person, may fire you or otherwise discriminate against you in any way to prevent you from obtaining a benefit or exercising your rights under ERISA.

### **Enforce Your Rights**

If your claim for a benefit is denied or ignored, in whole or in part, you have a right to know why this was done, to obtain copies of documents relating to the decision without charge, and to appeal any denial, all within certain time schedules.

Under ERISA, there are steps you can take to enforce the above rights. For instance, if you request a copy of plan documents or the latest annual report from the Plan and do not receive them within 30 days, you may file suit in a Federal court. In such a case, the court may require the Plan Administrator to provide the materials and pay you up to \$110 a day until you receive the materials, unless the materials were not sent because of reasons beyond the control of the administrator. If you have a claim for benefits which is denied or ignored, in whole or in part, you may file suit in a state or Federal court. In addition, if you disagree with the Plan's decision or lack thereof concerning the qualified status of a domestic relations order or a medical child support order, you may file suit in Federal court. If it should happen that Plan fiduciaries misuse the Plan's money, or if you are discriminated against for asserting your rights, you may seek assistance from the U.S. Department of Labor, or you may file suit in a Federal court. The court will decide who should pay court costs and legal fees. If you are successful the court may order the person you have sued to pay these costs and fees. If you lose, the court may order you to pay these costs and fees, for example, if it finds your claim is frivolous.

### **Assistance with Your Questions**

If you have any questions about your Plan, you should contact the Plan Administrator. If you have any questions about this statement or about your rights under ERISA, or if you need assistance in obtaining documents from the Plan Administrator, you should contact the nearest office of the Employee Benefits Security Administration, U.S. Department of Labor, listed in your telephone directory or the Office of Participant Assistance, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue N.W., Washington, D.C. 20210. You may also obtain certain publications about your rights and responsibilities under ERISA by calling the publications hotline of the Employee Benefits Security Administration.

